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| **Heavy vs. Light Music with *The Planets*** |
| **Materials:**   * Video/Audio recordings of “Venus” and “Jupiter” from Gustav Holst’s *The Planets* * A light object (ex. scarf) * A heavier object (ex. weighted ball) |
| **Objective:** By the end of this activity, students will be able to analyze the emotional weight of the hymn sections of “Venus” and “Jupiter” by using light and heavy objects while listening. |
| **Standard:** MU:Pr4.3.3a -***Demonstrate*** *and* ***describe*** *how intent is conveyed through expressive qualities (such as dynamics and tempo).* |
| **Process:**   * Have students stand in a circle and listen to “Venus” followed by the hymn section of “Jupiter.” Prompt students to compare these pieces, discussing the “weight” each piece has. * Listen to each piece again. During “Venus,” have students pass around a light object to relate the physical light object to the musical “weightlessness” of “Venus.” Do the same when listening to the heavy hymn section of “Jupiter,” passing around a heavy object. |